

The Treatments Involve

- No time off work
- No hospital stay
- No general Anaesthesia
- No Stitches
- No GP referral needed
- No significant restrictions of activities
- Affordable treatment

Stockings are recommended to be worn for 1-2 weeks post treatment based on the type of treatment.

What happens to the veins which are treated ?

Once these diseased veins are treated, they are removed by the body slowly and the role of these veins are taken over by other more efficient veins in the legs. As a result the circulation is improved in the legs after the treatment.

Does medicare cover these treatment ?

Although part of the treatment is covered by medicare, there will be out of pocket fee for most of the treatment.

Does my private health fund cover the treatment ?

The answer is no. Most of the varicose veins are considered as cosmetic concern and hence the treatment are not covered by private health fund / insurance. Some private health insurance can fund the cost of stockings (kindly check with your own private health fund /insurance).

Make a free bulk billing appointment to have a detailed discussion about your varicose veins.

Travel You must avoid any flights of more than 4 hours duration for 4 weeks after your treatment. If travel is unavoidable, you should have Clexane injections for anticoagulation before departure, and daily Clexane injections for 5 days after arrival. You should discuss any travel arrangements with the doctor.



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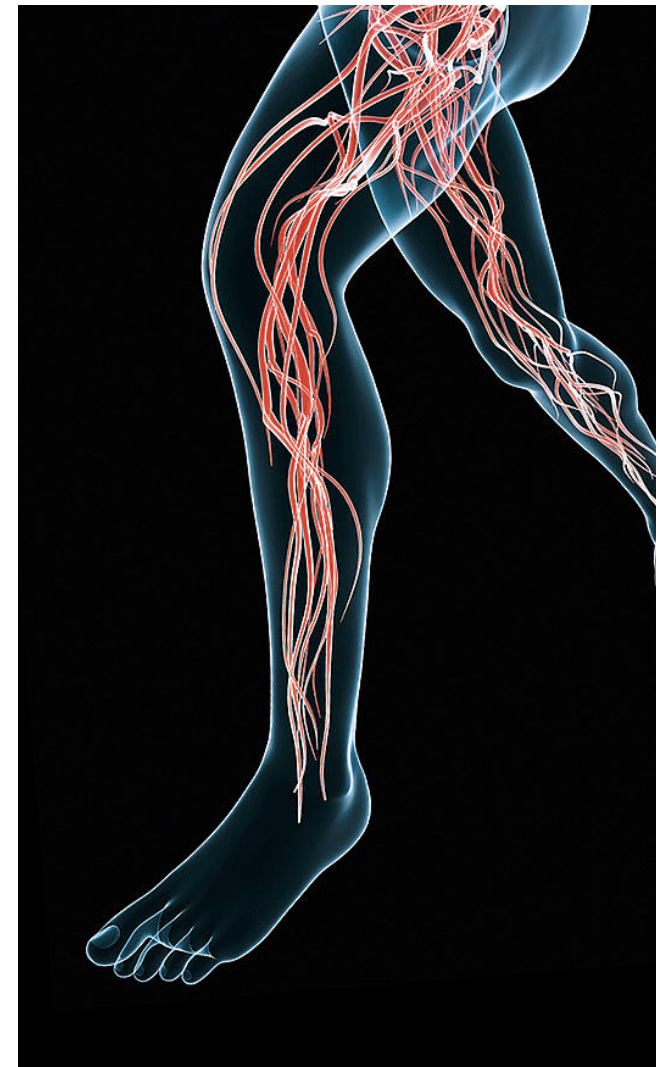
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The Varicos Vein Clinic



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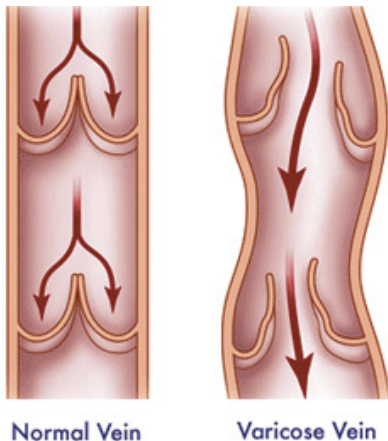
Phlebology

The term phlebology refers to the study of disorders that affect the veins (Greek: Phlebos = Vein, Blood vessel).

Venous disorders of lower limbs may manifest themselves as mild symptoms initially, such as feeling of heaviness in the legs. Slowly as the disease progress people develop symptoms of aching, heavy, dragging swollen & restless legs. They can also experience Itching and cramps. At the late stages of venous disease, severe and long-term pressure inside the veins due to stasis of blood, can lead to eczema or a rash around the ankle, ankle swelling, skin pigmentation and ulceration which can be painful.

Venous Valves

In the veins there are “ Valves “, which prevents the back flow of blood in the veins and facilitate the blood flow direction towards heart. Failure of these valves lead back flow of blood and build up of pressure inside the veins causing dilatation and become tortuous giving rise to varicose veins.

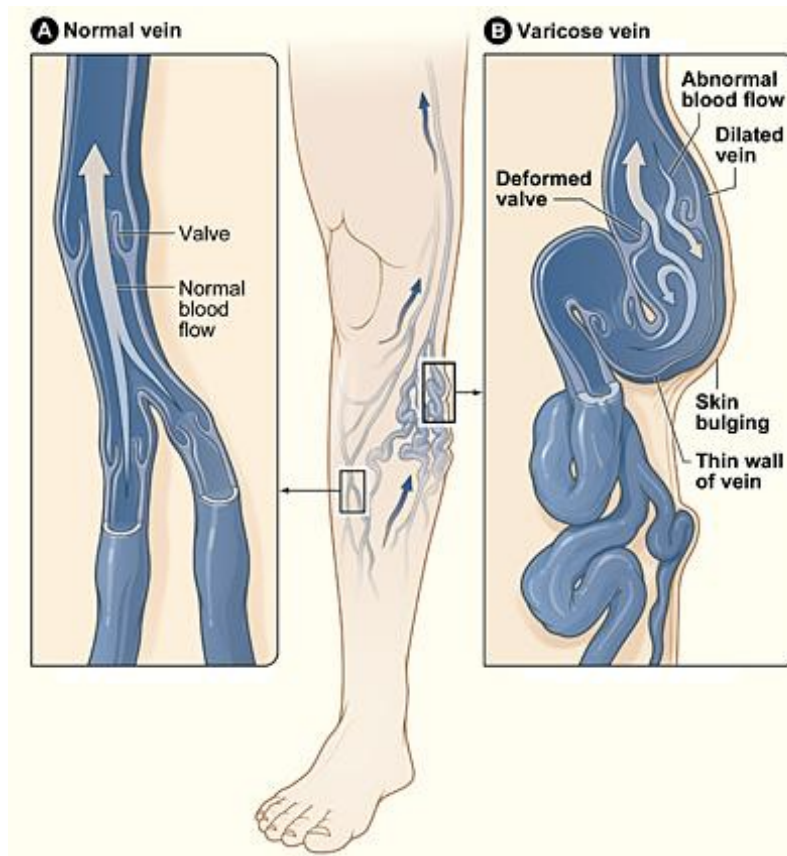


Causes of Varicose Veins

- family history of varicose veins
- pregnancy
- menopause
- age over 50
- long periods of standing
- obesity

Contributing Factors

- excess body weight
- lack of exercises
- nicotine and alcohol
- extreme exposure to heat
- hormonal influence (eg. contraceptive pill)



Varicose Veins can be treated

Spider veins, reticular veins and varicose veins are different forms of venous disease. All these can be treated. Treatment choice is based on size and location of the diseased veins.

What happens if the varicose veins are not treated ?

If the varicose veins are not treated at early stages, it can progress to late stages of varicose veins causing eczema or a rash around the ankle, ankle swelling, skin pigmentation and even ulceration which can be painful. At these stages, the varicose veins are hard to treat.



Treatment Methods

We offer non-surgical methods of treatment.

Sclerotherapy: Injection of sclerosant into the veins. Sclerosants can cause damage to veins from inside the vein and slowly our body can remove these treated veins.

Direct Vision Sclerotherapy: Suitable for spider veins and reticular veins(small sized veins).

Ultrasound guided Sclerotherapy: with the help of Ultrasound different types of varicose veins can be treated with sclerotherapy.

Lasers also called Endovenous Laser Ablation (EVLA): Lasers can be used to treat large sized varicose veins with good results and success rates.

Vein Glue: These are super glues which can cause closure of the treated veins.

Phlebectomy: removing the veins under local anaesthesia with a very small skin cut 1-2mm.

Stockings: After the treatment class 2 compression stockings will need to be worn for between 5 to 14 days.

Kindly discuss with doctor to see which type of treatment would be most suitable for you.